

**MAY 6-7, 2010
EVENT SCHEDULE (Day 1-2)**



FINAL
Updated as at May 3, 2010

Thursday, May 6, 2010

Ottawa (Greetings and Event Kick-off) Parliament Hill, by the Centennial Flame

45-minute kick-off:

0800 hours (guests, supporters and media to gather)
0815 sharp (greetings from Guest Speakers begin)
0845 hours (runners depart)

Confirmed Guest Speakers:

- Captain (N) Paul A. Guindon (Ret'd), CEO, *Commissionaires Ottawa*, Lead Sponsor and Organizer
- Lieutenant-General Andrew Leslie, A.B., CMM, MSC, MS.M, CD, Chief of the Land Staff on behalf of Chief of the Defence Staff of the Canadian Forces
- His Worship Larry O'Brien, in his capacity as Mayor and on behalf of the City of Ottawa
- The Honourable John Baird, Minister of Transport, Infrastructure and Communities, M.P., P.C., B.A., in his capacity as Honourary Commissionaire
- Max Keeping, in his capacity as Board member, CDS Military Families Foundation

To be acknowledged by Paul Guindon as being in attendance AND as runners:

- Lieutenant-Colonel Keith Rudderham, CFB Petawawa Base Commander
- Chief Warrant Officer Kevin O'Rourke, Base Chief Warrant Officer
- Captain Moe St-Louis, *Commissionaires Ottawa*, Founder and Creator of the RUN FOR MILITARY FAMILIES concept

To be acknowledged by Paul Guindon as being in attendance:

- Theresa Sabourin, Executive Director, Petawawa Military Family Resource Centre
- Tracy Gorman, Chair, PMFRC Board
- Colleen Sutherland, Director at Large, PMFRC Board



For more information, please contact:

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Want to cheer on our runners? Here are public assembly points which are open to all schools, veterans, supporters and media, (canvassers with donation boxes will be on hand):

DAY 1: Thursday, May 6, 2010

**Town of Arnprior
Legion Park, Edey Street**

- **Mayor Terry Gibeau to extend greetings. Arnprior Legion to host BBQ (hot dogs)**
- 1:00 p.m. (guests, supporters and media to gather)
- 1:15 p.m. (runners expected to arrive and engage in a brief exchange with the Mayor and gathered supporters before continuing on their journey)

**Town of Renfrew
Renfrew Town Hall, 127 Raglan St. South**

- **Mayor Sandra J. Heins to extend greetings on the front lawn of Town Hall**
- 2:20 p.m. (people may gather along Raglan St. S. between Munroe St./Town Hall)
- 2:25-2:50 p.m. (runners expected to arrive and engage in a brief exchange with the Mayor and gathered supporters before continuing on their journey)

**Township of McNab/Braeside
Braeside RA Centre, Sarah Street, Braeside**

- **Mayor Mary Campbell to extend greetings at their McNab-Braeside "Troops" BBQ fundraiser**
- 4:00-6:00 p.m. (guests and supporters to gather)
- 4:15-4:30 p.m. (runners expected to arrive and engage in a brief exchange with the Mayor and gathered supporters before continuing on their journey)

DAY 2: Friday, May 7, 2010

**Township of Whitewater Region
Beachburg Rd./Lapasse Rd intersection**

- **Mayor Donald Rathwell to extend greetings**
- 7:30-7:45 a.m. (runners expected to arrive and engage in a brief exchange with the Mayor and gathered supporters before continuing on their journey)

**City of Pembroke
Riverside Park, Pembroke Street W.**

- **Mayor Ed Jacyno to extend greetings**
- 10:45-11:15 a.m. (runners expected to arrive by 11:00 a.m. and engage in a brief exchange with the Mayor and gathered supporters before continuing on their journey)

Red Friday Rally (Finish Line/Cheque Presentation): Petawawa Legion

- **Red Friday Ladies to host a full program with several guest speakers – with runners crossing the finish line right in front of the stage**
- 12:00-2:00 p.m. Program includes several VIPs: Karen Boire and Lisa Miller – Red Friday Ladies (hosts); Capt (N) Paul Guindon (Ret'd) - CEO *Commissionaires Ottawa*, Lt-Col. Keith Rudderham - CFB Petawawa Base Commander, Capt Moe St-Louis – Founder & Creator of RUN FOR MILITARY FAMILIES concept; CWO Kevin O'Rourke – Base Chief Warrant Officer, Theresa Sabourin - Executive Director of the Petawawa Military Family Resource Centre)
- 1:00 p.m. (ETA) – Cheque presentation



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