

PSP ~ Fitness ~ Family ~ Fun

Another class graduates local Shift Leader course

factors that will fine-tune adapt to the highest safety

Commissionaires Ottawa returns to Petawawa for second consecutive year.

participants' ability to super-

ularly trained and evaluated

by full-time certified instruc-

tors to ensure they are consis-

Commissionaires are reg-

vise.

by Lisa Brazeau For the second consecu-

tive year, commissionaires in Petawawa were able to increase their skills and network with individuals from all walks of life, both military and civilian, without having to leave their home base.

Fifteen graduates received certificates last week at the conclusion of a Shift Leader course offered by Commissionaires Ottawa at CFB Petawawa, ten of them local and another five from as far afield as Sudbury.

The four-day course focuses on management skills at the junior level, and

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"The Herbal Magic program finally gave me the means to lose the weight I've always wanted to lose. I have tried other diets but they always failed. Herbal Magic is a lifestyle change that works. It is hard to put into words how much losing weight has changed my life, but the biggest change I have experienced is gaining self-confidence. It has also improved my personal and professional lives. The best part about losing weight with Herbal Magic is how healthy I now feel. It is also great to hear people comment on how good I look."





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continued on page 10 tent, reliable, and quick to the nine-day Senior **Algonquin College supports United Way**

and security standards.

of

Commissionaires Ottawa

Education and Training pro-

gram, the course and subse-

quent next level of training,

the

Part

Supervisor

Paul Guindon.

essential in "making

that our middle management

are well prepared and well

armed to deal with the chal-

lenge of managing our secu-

rity guards in the field," said Commissionaires Ottawa

Chief Executive Officer

course,

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sure



New bylaw to appoint deputy CBO

by Jennifer Pickett

Petawawa council members have approved a by-law to appoint a Deputy Chief Building Official.

Randy Mohns, the town's building inspector, will be appointed as the Deputy Chief Building Official and will have the authority to enforce the Building Code Act and other related regulatory by-laws in the absence of Richard Bechamp, Petawawa's Chief Building Official.

Without a Deputy Chief Building Official in place, any business requiring Bechamp has to wait until he returns.

Dan Scissons noted it is not a full-time position, and will not have any significant financial impact for the town as acting as CBO is not a common occurrence.

Mohns is empowered to act with the same powers and authority of the CBO when he is absent or unable to perform his duties for annual leave or vacation, illness, disability or death, attending training courses, seminars or conference, bereavement leave, legal proceedings or court attendance, or in a circumstance of conflict of interest.

Ottawa Valley raised nearly \$12,000 for the United Way/Centraide of the Upper Ottawa Valley. The college's United Way Committee, represented by Jenny Hodgson (left), Margaret Krueger (second from left), Kate Anderson (third from right), Anna Howarth (second from right), Susan Mohns (right), presented a cheque for \$11,946.68 last week to United Way of the Upper Ottawa Vallev Campaign Chair Allen Edwards (third from left). Missing are College United Way Campaign Chair Maryanne Mask, and committee member Professor Shawn Pentecost.

Students and staff at

Algonquin College in the

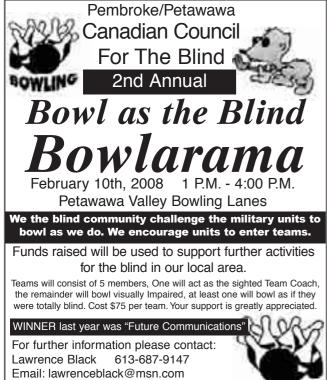




HELP, HEALING AND HOPE

12 step recovery program is held every Tuesday night at the New Life Community Church at 6:30 p.m. 2777 Petawawa Blvd. For information call Goldie 613-735-1522 Eric 613-687-6219 or Laurie at 613-687-4733

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With a clientele of primarily ex-military members, the course takes existing leadership skills and tailors them to current management methods.

"It's the best of both worlds," said Business Operations Manager Peter MacFarlane. "We're able to take the best of military leadership and the best of corporate leadership and marry them together."

Commissionaires Ottawa made the decision to bring the course to Petawawa from Ottawa to allow more people easier access to the course, and to increase the organization's presence on one of Canada's busiest bases.

"It's worked very well," Guindon said. "That's why were doing it again. It's been well received and in the future, we'd like to continue to do this on a regular basis."

In Petawawa, the company employs about 66 commissionaires, more than five times what was here less than three years ago.

They serve in security positions at locations throughout the base including the main gate, Range Control and the heliport at the 427 Special Operations Aviation Squadron.

As the largest security service provider in the National Capital Region and in Northern Ontario, Commissionaires Ottawa employs 2,800 security professionals serving at more than 250 client sites - government, corporate, industri-



(Front left to right) Senior Training Officer Denis Amyotte, newly appointed Area Manager Freeman Chute, Business Operations Manager Peter MacFarlane, Commissionaires Ottawa CEO Paul Guindon, retiring Area Manager Frank Smith and Trainer Allan Beck congratulate new graduates (back left to right) John Elsliger, Robert St. Pierre, Paul Cleator, Tom Byrnes, Serge Bougie, Beverly Brennan, David Stephenson, Glenna King, Nicolas Denton, Donald Teahan, John Vint, Colin Bailey, Gerhard Neumann, Wayne Wink and Andrew Lipin following a four-day Shift Leader Course held last week at CFB Petawawa. (Photo by Lisa Brazeau, Petawawa Post)

al and public buildings as well as security-sensitive areas like airports, high tech facilities, and military bases like CFB Petawawa.

It is the largest of 17 national divisions of the Corps of Commissionaires, and covers a territory extending from Petawawa north to North Bay, Sault Ste Marie, Timmins, Kirkland Lake, Sudbury and the northwestern part of Quebec.

The Canadian Corps of Commissionaires was created 81 years ago to provide employment to war veterans. As its social mandate has evolved over the years, today the Corps provides meaningful employment to veterans of the military and RCMP, as well as Canadians who wish to contribute to the security and well being of Canadians.

It is a not-for-profit company, and the only one of its kind to provide a vast array of security education and training in accordance with Government of Canada standards. At the entry level, individuals are required to complete a six-and-a-half day Basic Qualifying Course, or a home study package, and pass an exam before they can be employed as a commissionaire.

For more information on Commissionaires Ottawa, visit www.commissionairesottawa.on.ca

Watch next week's Petawawa Post for more on Commissionaires

Ottawa and its participation in an upcoming charity event, "Pet Run" for the Petawawa Military Family Resource Centre in support of military families.

Legion launches \$200K fund raiser to repair roof ... continued from page three

The organization has unsuccessfully tried other routes, including grants, to pay for the repairs, but Bain contended the problem may be that the Legion's finances look good at a cursory glance.

A yearly income statement shows total revenues of \$261,245.54.

After expenses, however, the net income amounts to just under \$9,000.

The branch generates the majority of its income through bar sales, as well as revenue generated by the Ladies Auxiliary which is donated back to the Legion, Bain explained.

This year, the LA contributed \$15,600.

"Our biggest loss is the utilities," he noted. Almost \$22,000 was paid out annually for heat and hydro. Inefficient lighting and 50 year old beer fridges are a drain on already dwindling resources, he said.

And although the local branch has about 400 members, he added, membership dues are not a major source of income. Of every \$45 membership, \$29 goes to the Royal Canadian Legion's Dominion Command.

Bain would, however, still like to see more people join. "One of the biggest things is to get the (soldiers) from base down here to join," Bain said. "Many of them are of the opinion that they're in the military and can't join the Legion until they retire. The serving members of today are tomorrow's veterans and if they wait until they are old enough to retire, there won't be a legion to join."

To date, a number of current members have pledged a total of \$12,000 in personal funds to the effort.

The Royal Canadian Legion Branch 517 received its Charter in 1951 and much of what members and executive raise through Bingos, Nevada ticket sales, functions, the Poppy Fund and other initiatives must be reinvested in the community.

The building received its last major renovation 1970.

Since that time, the Legion has paid for heating upgrades, the installation of an air conditioning system and other interior upgrades. Local businesses have also contributed time and materials over the years, but "we're at a point now where we have a 40 year old building that needs some major work to it and with \$8,000 a year in income, we can't do it," said Branch President Murray Remus.

"We can meet our financial commitments, but we're struggling here. The community does support us through the Poppy Fund and in other ways, we just need a little more right now."

Another class graduates local Commissionaires Ottawa Shift Leader course ... continued from page six